

# DISTRICT#40

UNITY | SERVICE | RECOVERY

## Step 10

“Continued to take personal inventory and when we were wrong promptly admitted it”

## Tradition 10

“Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy”

## Concept 10

“Every service responsibility should be matched by an equal service authority - the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description or by appropriate chapters and bylaws”

Photo of painting in the Kingwood Club



## Tradition One - Unity

Reino F, DCM

Some dictionary definitions for Unity are: the quality or state of not being multiple; a number multiplication by which it leaves any element of a system unchanged; a condition of harmony: accord; continuity without deviation or change; the quality or state of being made one: unification; a totality of related parts. There were times in my early life when I was applying this principle and was unaware of it. Like when I was being an active part of my family, involved in the Boy Scouts, on sports teams, being in a fraternity in college.

Also during these times I was developing my bad attitude, was being selfish and self-centered and my prejudices and opinions were being formed. The more that these principles were being developed, the worse that I behaved and acted out. Then, liquor was poured over this mess so I could hide the way I was feeling and reacting to the way I was living. Like a dog chasing its tail.

The time came when the reality of the way I was living really started to bother me. I was getting farther from my family, even though I was around physically. I started to lie, cheat and steal more than I had done previously. I finally got fed up and wanted to find out what I was doing wrong with my life and myself. I sought help.

So I went to treatment and was introduced to AA and the Fellowship. I had not expected that my problems were of my own making. I took myself with me wherever I went. My mind and thinker were my dilemma. Heck, I thought that the drinking and the other chemicals were my problem. Boy what a misguided thought that was for me to have. I was participating in my own downfall and I had no clue of it.

The program of action – the Twelve Steps worked, my sponsor helped to get my thinking and actions changed. A spiritual awakening I got as a result of doing the program of action in my daily life. It was here in AA that “spiritual principles” were introduced to me so I could maybe understand them. This change in living did not take place overnight.

In order for me to continue to change my thinking and living I was shown the Twelve Traditions. I found these as a result of having a home group, being of service, helping others, and trying to be a member in good standing in my home group. Here is where the principle of UNITY was given to me.

I was not so unique, nor the individual that I thought that I had been for so long. There were others that had similar experiences and we were a lot alike. I was a part of a whole group of people. Since this principle was given to me I am a better member of the family that I tried to be distant from mentally. I am a better employee. I try to bring something to my job and employer, than ask what’s in it for me. I am a better husband and step-dad. And I continually try to be of service in the Fellowship of AA.

If this program is continuing to give me new principles with which to live by then I’d better be trying to practice them within the fellowship and in all my affairs. Like a friend from Georgia says, “Being another bozo on the bus,” is good enough for me now these days.

## Pamphlet of the Month

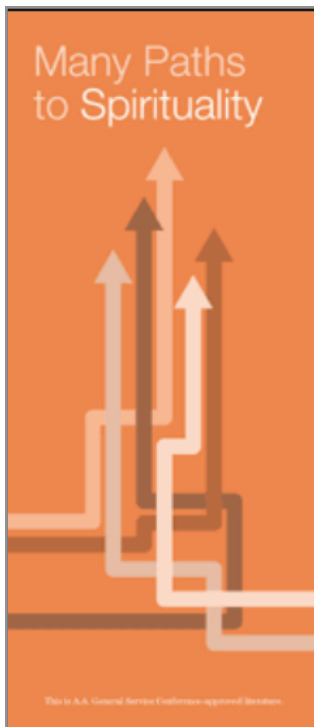
Each month the Literature Chair, Elizabeth G, provides us with a AA pamphlet.

For your digital copy please go to the link below and click on the link, this will open a digital copy of the pamphlet which you may view online or make a single print.

## Pamphlet of the Month: August

*“The Co-Founders of Alcoholics Anonymous”*

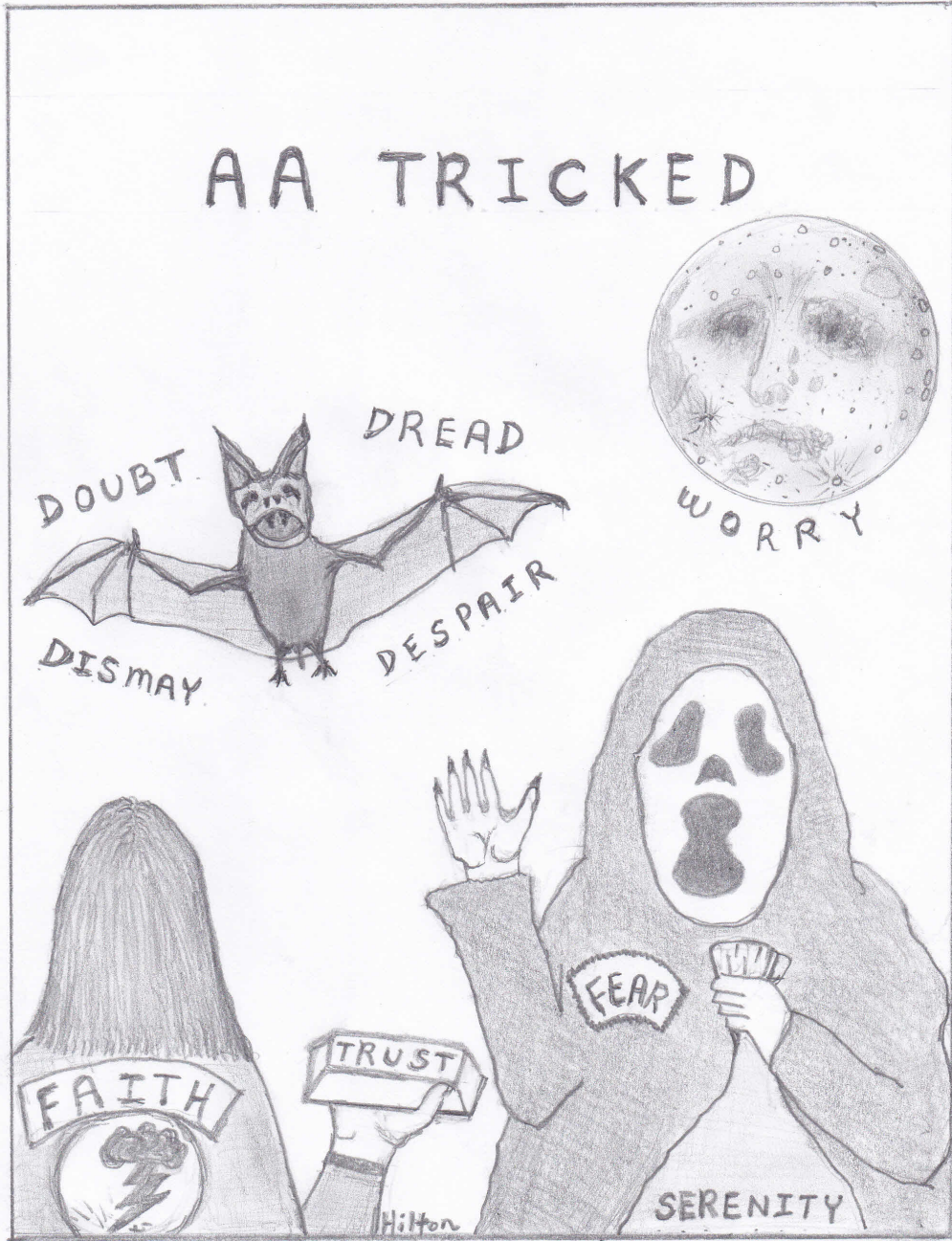
“The Co-Founders of Alcoholics Anonymous” [aa.org/assets/en\\_US/p-53\\_theCo-FoundersofAA.pdf](http://aa.org/assets/en_US/p-53_theCo-FoundersofAA.pdf)



## Pamphlet of the Month: September

*“Many Paths to Spirituality”*

[aa.org/assets/en\\_US/aa-literature/p-84-many-paths-to-spirituality](http://aa.org/assets/en_US/aa-literature/p-84-many-paths-to-spirituality)





# District 40 GSR Meeting Minutes

**DATE:** 08/13/2019

**CALL TO ORDER;** DCM Reino F. opened the meeting with a Moment of Silence, Preamble & Unity Declaration.

## **Presentation on Hosting Assembly 2019/2020 - Christina - SETA Alt-Chair**

The flyer included a great description of each of the following responsibilities for hosting assembly; Registration, Coffee, GSR Workshop, Literature Table, Presentations, Meeting and Clean Up. July 2020 and October 2020 are both available at this time. Christina made it clear that districts, groups or even committees can team up and share the responsibility. And that the Area's Budget covers the cost of coffee setup, but that food would not fall under Area's Budget. The Area Registrar gives the necessary supplies to Registration. Also, the GSR Workshop is recorded but not reported any more. If any groups have further questions, Christina volunteered to come to your group. Her contact information is included on the flyer.

**INTRODUCTION OF ATTENDEES;** 24 Attended our business meeting.

**TRADITION VIII /CONCEPT VIII PRESENTATION;** Hilton L. and Kathy F.

**VOLUNTEERS FOR NEXT MONTH;** Tradition IX – Bill A. Concept IX – Peter C.

## **DISTRICT OFFICER REPORTS**

- **Secretary's Report;** Jackie S. - Accepted as presented
- **Treasurer's Report;** Rick N. – Accepted as presented
- **DCM Report;** Reino F. – The last SETA Assembly was held at the Double Tree Hotel instead of the hotel we usually meet at. It seemed to go fairly well. The 2020 Area Budget passed. Kathleen T. was voted Alt Registrar. Dan K was voted Houston Intergroup Liaison. Delegate Report is scheduled for the regular District 40 November 2019 meeting. I will email the D40 Committee Contacts.
- **ALT DCM Report;** – Deanna F. – Liked Double Tree better than the usual hotel for SETA Assembly.
  - Traditions Dinner – I printed 100 flyers and emailed them also. Please put flyers in your group announcement book. The date is for September 21st! The theme will be more participatory. Attendees will be “part of” instead of “in the audience”. Tables will be set up so that you will work the traditions at your table. Scott said that the food and a cake will be provided by District 40. Groups can bring appetizers and cookies. We can rent a sound system for \$50.00. Some people have already signed up for table décor. Betsy signed up for registration. Still need people to sign up for set up and take down.

## **NEW BUSINESS;**

- None

**OLD BUSINESS;**

- It was voted to move the \$300 Gratitude Dinner budget to the Misc. budget line item
- SETA Convention – Pam has informed us that changes were made to her previous announcement and to please hold off on decisions. Pam is going to come to the September meeting to clarify the information.
- Traditions Dinner – See above in Alt DCM Report.
- Open Positions - Archives, PI, TFC (Scott is considering TFC)

**DISTRICT COMMITTEE REPRESENTATIVE REPORTS (Please submit report to Secretary)**

- **Archives Rep;** OPEN No Report
  - CFC (Correctional Facilities Committee); Paul K
  - Friends,
  - The women and men in white and orange uniforms say, "Thank you." Thank you for the literature from your "Blue Can" contributions. The first Sunday in August I had the privilege to go to the Walls Unit in Huntsville. If I didn't show up, 59 men wouldn't have a meeting.
  - Any old Grapevines you have please bring them to the District meeting, I will bring them into the "joints."
  - Thanks to Reino for putting the flyers for the National CFC being held in Houston, up by the big airport,
  - November 1,2,and 3rd. I would like to ask you to consider going. I am in need of volunteers to help out in Security. Whatever time you give would be appreciated; you don't have to be there all three days. You will have a special shirt. Please considerate this and let me know asap.
  - Also next month we will going to Angola to support our friends to the east. See the flyer Reino put in the email.
  - Respectfully, Paul
- **CPC (Cooperation with Professional Community);** Bill A
  - 12 Step Hospital Program went at the Alvin Group but low attendance.
  - Intergroup is willing to help with trying to cross reference Intergroup 12th Step Program with new Hospital Program.
  - Vern has the emails set up for the coordinators for the Hospital Program. Our next step is to make coordinators aware of the procedure of how to respond. August and September meetings to follow; Aug 21st 7:30PM Spring Branch (Do's & Don'ts) Sep 22nd 1 – 3PM (Coordinators) Spring Branch.
  - Disaster Relief has 10 locations and are ready to go.
  - We voted to have CPC Committee members available on SETA Website and it passed.
- **Grapevine;** Rachel P.
  - Here's my Grapevine report for tonight's meeting:
  - I am following up with our Area 67 rep about scheduling a brief presentation about the Grapevine for an upcoming District 40 meeting and will put her in touch with Reino to get that on the calendar
  - Grapevine is currently accepting stories for the March 2020 issue, for which the theme is Emotional Sobriety. Please encourage your group members to submit their stories -- via text document or audio recording -- and refer them to [aagrapevine.org/contribute](http://aagrapevine.org/contribute) for more information.

- La Viña, the Spanish language edition of Grapevine, has a new online store where members can subscribe to La Viña and order Spanish-language books, CDs, and other resources. Anyone interested can go to [lvtienda.aagrapevine.org](http://lvtienda.aagrapevine.org).
- That's it for me this month. Thanks, and I'll see you tonight!
- **IT (Information Technology);** Heather M. Absent (read by Reino)
  - IT is working on a tri-fold information sheet about their services to be available.
  - Outdated IT Committee documents on the website are being reviewed to determine if they should be revised or archived. meeting Assembly resulted in many members came by asking questions regarding the IT Committee services/history.
  - Email lists for District 82 and Finance Committee have been setup/revised.
  - Old website is updated and current and the new website is current.
  - Working on updating the Web Guidelines. Updates need to be received by Area Chair no later than 8/26/2019.
  - IT Committee needs a laptop (doesn't need to be new) and PI Committee and Archives have has requested a new ones.
  - Three laptops were retired.
  - Custody agreement was approved by committee members.
  - IT Web Guidelines approved by committee and will be sent for for submission to Assembly.
  - Scheduling a workshop at the October Assembly showing new website/postmaster/support.
  - Cloud based storage guidelines/procedures needed from the IT Committee (outside of scope for website update).
  - Next meeting date is scheduled for August 24th at the Spring Branch Club 10:00am.
- **Intergroup Liaison;** Dan K.
  - Nightwatch/Volunteering
    - a. Evening Nightwatch- Looking for "backup" members for evening nightwatch.
    - b. Weekend Nightwatch- Several slots available
  - Please contact Libby if your group would like to sign up at 713-686-6300 or email at [adminasst@aahouston.org](mailto:adminasst@aahouston.org).
  - You can also volunteer to help with phones and light office duties during the week, 9am-1pm or 1pm-5pm. Contact Libby as well for info on that.
  - Intergroup is collecting a list of speakers to share with you for "Group Speaker Nights". If you would like to share your experience, strength and hope, please contact Intergroup at 713-686-6300 to get added to the list.
  - Next delegates meeting August 15th, 2019 @ 8:00PM.
- **Literature;** Elizabeth G.
  - Greetings to all at District 40. May this month find you having an amazing August with your families, especially, as everyone heads back to school schedules. "Love and Service" is what resonates with me. This is a great time to reflect on "Love and Service" particularly, when perusing this month's pamphlet challenge.
  - With that thought, August's pamphlet is "The Co-Founders of Alcoholics Anonymous – Biographical Sketches and their Last Major Talks." Bill W. states, "Dr. Bob held three concepts in particularly high regard. One was simplicity --- in his own lifestyle and in practicing the A.A. way of life. Second, he believed in tolerance of other people's ideas, in speaking out "guarding that erring member, the tongue." Third, he believed that one's job in A.A. was to "get sober and stay sober" and never to be so complacent that we're not willing to extend that help to our less

fortunate brothers.” This pamphlet hit home for me specifically, reminding me of the simplicity of the A.A. program. May you pass this pamphlet on to all your home groups.

- The next Area Literature Committee will be on Saturday, October 5th at the SETA Assembly - Sheraton North Houston, 15700 John F. Kennedy Blvd., Houston, TX 77032 (281)-442-5100
- The Literature Committee meets the 3rd Tuesday of the month via video conference, “ZOOM”. Please send the Literature Chair your email address if you are interested in attending. Then, you will receive an email with login instructions on the day of the meeting.
- **Newsletter Editor;** Kari B. Absent
  - Email your request to Kari and she will print a copy of the newsletter for you.
- **PI (Public Information);** OPEN No Report
- **TFC (Treatment Facilities Committee);** Open No Report
- **GSR/GENERAL SHARING SESSION** (Feedback, News, Concerns, Questions)

### CALENDAR OF EVENTS

- Next District 40 meeting: 9/10/19 at 7:15pm Spring Branch Memorial Club 1200 Blalock Rd #378 Houston, Room C (713) 274-3190
- NEXT CONCEPT SERVICE MANUAL STUDY MEETING: Sept 14, 2019 at 10:00 am – Noon at Spring Branch Memorial Club 1200 Blalock Rd Bldg.#378 Room C Houston, TX 77055
- Traditions Dinner by District 40: September 21, 2019 from 1:30 pm – 6:00pm at the COTHA Church of The Holy Apostle 1225 W Grand Parkway S Katy, TX 77494 with traditions presented and dinner is included. Please contact Deanna F the Alt DCM
- SETA Area Assembly: 10/5-6, 2019 at the Sheraton N Houston 15700 JFK Blvd Houston, TX 77032 room registration call 281-442-5100
- Southwest Regional Forum: October 11 – 13, 2019 at the Sheraton N Houston 15700 JFK Blvd Houston, TX 77032 room registration call 281-442-5100 and forum registration at [www.aa.org](http://www.aa.org)
- 3 rd Annual National Corrections Conference: November 1 – 3, 2019 at Double Tree by Hilton 15747 JFK Blvd Houston, TX 77032 register rooms at \$89.00 rate at 855- 610-8733; register for conference at [www.nationalcorrectionsconference.org](http://www.nationalcorrectionsconference.org)
- For further event lists: AA headquarters: [www.aa.org](http://www.aa.org), Area 67/SETA Districts: [www.aa-seta.org](http://www.aa-seta.org), Intergroup; [www.aahouston.org](http://www.aahouston.org).

**ADJOURNED;** Closed with the Responsibility Statement





SETA DISTRICT 40 -- GROUP CONTRIBUTIONS FOR 2019													
	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	YEAR
District 40 Groups													
Another Chance Group			115.00				60.00						175.00
Bear Creek Fellowship					40.00								40.00
Broad Highway Group							75.00						75.00
Bunkerhill Tuesday A.A. Group								42.50					42.50
Car Women													
Chapelwood Tues 8pm													
Daily Reflections Group	13.40												13.40
Everything is "Alright Already"													
First Light Group							48.50						48.50
Four Horsemen Group													
Fourth Promise Group							100.00						100.00
Fry Road Group				64.00									64.00
Friends of Bill W. (West Houston CC)			75.00										75.00
Fulshear Group			45.00				45.00						90.00
God Meeting Group					20.00								20.00
High Hopes	30.00						45.00						75.00
Hockley Group			45.00										45.00
Houston Young People													
Journey Group			12.22			13.15							25.37
Just For Today		75.56					85.20						160.76
Just The Black Print Group				8.91	82.17	58.61							149.69
Katy 12 & 12		64.10			86.43		34.21	37.55					222.29
Katy 164 Group				22.65			19.92						42.57
Katy Big Book													
Katy Crossroads Group	57.23					95.97		55.43					208.63
Katy Keystones Group	39.39						32.42						71.81
Katy New Beginnings													
Katy Primarc Purpose Group													
Kingsland Group													
Living Now Group													
Memorial Going Home Group	26.11			30.58			58.84						115.53
Memorial West Group													
Men's Supper/Step Study Group													
New Beginnings Group	39.00			30.00			29.00						98.00
New Oxford Group													
Our Common Journey Group		6.40											6.40
Outpost Group (Men's)					160.00								160.00
Peek Road Group			28.00										28.00
Rosewood Thursday Night Group				48.00									48.00
Ruile 62 Group													
Sage-Piney Point		124.06					44.30						168.36
Sage-Piney Point Noon Tuesday													
Saturday Solutions Group	49.18		65.55										114.73
Simply AA													
Sisters in Serenity		13.51		14.65			13.93						
Sober in Brookshire													
Spring Branch Memorial Club													
Spring Shadows Group	225.00			180.00			225.00						630.00
Stepping Stones in Recovery				31.00				15.00					46.00
Steps in Sobriety													
Talking Care of Business													
Tuesday Night Step Study		30.12			14.00		26.20						70.32
36 Principles Group													
West Memorial													
Wild West Group	5.19				57.10								62.29
Working With Others													
Energy ??? Group													
Unknown/Misc	33.94	118.00				187.30	51.20						390.44
<b>TOTAL:</b>	<b>518.44</b>	<b>431.75</b>	<b>385.77</b>	<b>429.79</b>	<b>459.70</b>	<b>355.03</b>	<b>993.72</b>	<b>150.48</b>					<b>3,682.59</b>

## District 40 Officers and Committee Representatives

<b><u>Position</u></b>	<b><u>Name</u></b>	<b><u>Email</u></b>
DCM	Reino F	<a href="mailto:dcm-40@aa-seta.org">dcm-40@aa-seta.org</a>
Alt DCM	Deanna F	<a href="mailto:dcm-40-alt@aa-seta.org">dcm-40-alt@aa-seta.org</a>
Secretary	Jackie S	<a href="mailto:d40sec@yahoo.com">d40sec@yahoo.com</a>
Alt Secretary	Hilton L	<a href="mailto:d40altsec@gmail.com">d40altsec@gmail.com</a>
Treasurer	Rick N	<a href="mailto:treasurer-40@aa-seta.org">treasurer-40@aa-seta.org</a>
Alt Treasurer	Mike W	<a href="mailto:treasurer-40-alt@aa-seta.org">treasurer-40-alt@aa-seta.org</a>
Newsletter Editor	Kari B	<a href="mailto:district40newsletter@gmail.com">district40newsletter@gmail.com</a>
Grapevine Rep	Rachel P	
IT Rep	Heather M	
Literature Rep	Elizabeth G	
CFC Rep	Paul K	
Intergroup Rep	Dan K	
CPC Rep	Bill A	

<b>Committee</b>	<b>Meeting Time</b>	<b>Location</b>
Archives	1 <sup>st</sup> Saturday of the month, 10:00 AM	521 N. Sam Houston Pkwy East, Suite 215 Houston, Texas 77060
Cooperation with the Professional Community (CPC)	1 <sup>st</sup> Monday of the month, 7:00 PM	Spring Branch Memorial Club 1200 Blalock, Suite 378
Correctional Facilities (CFC)	3 <sup>rd</sup> Wednesday of the month, 7:30 PM – 9:00 PM	The Delta Club 6401 Southwest Freeway, Suite 110 Houston, Texas 77057
Grapevine	3 <sup>rd</sup> Thursday of every other month, 7:30 PM	The Delta Club 6401 Southwest Freeway, Suite 110 Houston, Texas 77057
Intergroup	3 <sup>rd</sup> Thursday of every other month, 8:00 PM	4140 Directors Row Suites D & E Houston, Texas 77092
Internet Technologies (IT)	4 <sup>th</sup> Saturday of the month, 10:00 AM – 12:00 PM	Spring Branch Memorial Club 1200 Blalock, Suite 378
Literature	3 <sup>rd</sup> Tuesday of the month, 8:30 PM – 9:30 PM	Zoom Send Login requests to: <a href="mailto:Literature-Chair@aa-seta.org">Literature-Chair@aa-seta.org</a>
Multi-Lingual	1 <sup>st</sup> Thursday of the month, 7:30 PM	District 63 4800 West 34 <sup>th</sup> Street Suite B-8 Houston, Texas 77092
Public Information (PI)	3 <sup>rd</sup> Monday of the month, 7:15 PM (Except on Assembly Months)	Houston Council on Alcohol & Drugs 303 Jackson Hill Houston, Texas 77007